



Expression of Interest

5000meals Program 2020





**5000
MEALS**

OVERVIEW

Thank you for applying for the 5000meals program. This resource has been developed to assist the successful delivery of the program to students in the areas of Food Science, Certificate I and II in Kitchen Operations, Hospitality, Community Services and others.

5000meals is one of several community engagement programs coordinated by not-for-profit organisation Prepare Produce Provide (PPP). The program is operated by Home Economics teachers and aims to build links between students and the Hospitality Industry to develop skills, reduce food wastage and assist people in need within the Perth community.

Program Aims:

- Utilise surplus local produce to minimise food wastage in the Food and Hospitality industries.
- Produce nutritious meals that will assist people in need.
- Provide students the opportunity to work with Chefs and industry specialists.
- Assist teachers to deliver meaningful and relevant learning experiences.

Outcomes for Students:

- Contribution to units of competency for VET Students
- Hands-on commercial experience
- Access to mentorship from chefs
- Development of practical skills and knowledge
- Community service and engagement

Outcomes for Teachers:

- Development of skills and professional networks
- Maintenance of industry knowledge
- The project assists with assessing several relevant units of competency
- Promotion of the school's Home Economics Department; showcasing student work and achievements within the local community



Our Story

In 2012, Home Economics teacher Cath MacDougall saw a need to further engage her students in their Hospitality studies. Having previously worked as a chef at Crown Perth, Cath was aware of the vast disconnect between schools and the Hospitality Industry and developed the 5000meals project to bring the two together.

Since then, the project has seen dozens of chefs and industry professionals become mentors to hundreds of secondary students, whilst engaging with several high profile organisations and sponsors to produce and deliver over 25,000 meals to people in need.

We would like to extend a special thank you to all the schools, teachers, students and chefs who have contributed time and effort to this program.



PROGRAM REQUIREMENTS AND CONSIDERATIONS

Before applying to participate in the 5000meals program, teachers agree to the following program requirements:

- Interested schools must complete the Application Form provided.
- Teachers are required to join PPP \$25.00 per year as part of the program.
- Schools are required to join PPP for \$150.00 per year as part of the program.
- Schools may be required to participate in additional events, presentations and workshops.
- Each school is required to produce 500 meals by the completion of the program (up to 10 weeks).
- Teachers are required to attend support workshops developed to assist with training package requirements and tasks.
- Meals are to be produced by following the chef-created recipes provided, using the specified commodities.
- Some additional food items may need to be purchased by the school if not available at time of selection.
- Teachers are to negotiate with Di Fitzsimons the 5000meals Co-ordinator to decide on suitable times/days. [We ask teachers to be mindful that chefs have generously donated their time in support of 5000meals.]
- The teacher is responsible for ensuring all relevant food safety and hygiene procedures are followed, including use of industry standard clothing. (PPE.)
- All teachers and students participating in the 5000meals program are required to complete the COVID-19 hygiene training.
- All meals must be properly portioned and labelled, using the guidelines provided.
- All meals must be frozen ready for pick up by a courier.
- 5000meals Volunteers will be available to assist on the day.

The 5000meals program agrees to be responsible for the following:

- Schools will be supplied with a staples pack, packaging, protein, vegetables, fruit and a chef.
- All meals are donated to agencies for distribution to their clients.
- Mentor chefs will be provided to schools to assist the teachers and students in the



production of meals and development of skills.

- The main delivery will have the bulk of the ingredients needed and will be delivered prior to the commencement of the program. This delivery will be pre-organised.
- Teachers may be requested to pick up some produce.
- Pick up of completed meals is to be negotiated with Di Fitzsimons the 5000meals Co-ordinator.
- Additional resource material will be provided to assist with the delivery of the program, including food security, food hygiene, food waste.

CONTACT DETAILS

Di Fitzsimons, 5000meals Co-ordinator
Email: info@prepareproduceprovide.org
Mobile: 0411444669
Post: PO Box 44, GUILDFORD WA 6935



SCHOOL APPLICATION FORM

School name:	
School address:	
Teacher name:	
Teacher mobile number:	
Teacher email:	
Principal name:	
Principal email:	

Please provide an estimated number of participating students for each course:

Course Details	Number of Students
Cert II (Kitchen Ops)	
Cert II (Hospitality)	
Food Science (ATAR)	
Food Science (General)	
Other (Specify)	
	TOTAL

Does your school have a commercial kitchen (or access to one)? Yes No

I understand that:

- All participants need permission for their photo to appear in promotion/media releases.
- Students will be communicating and working with chefs and industry specialists that have no affiliation with a school or the Department of Education.
- I am prepared to allocate a minimum of 5 class lessons for this project over the semester.
- As the participating teacher, I agree to attend a minimum of 1 workshop outside school hours.

Teacher Signature: _____ **Date:** _____

Please note:

- Availability is limited and as such not all schools can be included.
- Once selected, schools will be asked to provide further details regarding students.
- Each School will be asked to contribute feedback before and after participation in the program to assist in development for the ongoing program.

RETURN APPLICATION FORM TO:

5000meals Co-ordinator,
info@prepareproduceprovide.org or PO Box 44, GUILDFORD WA 6935